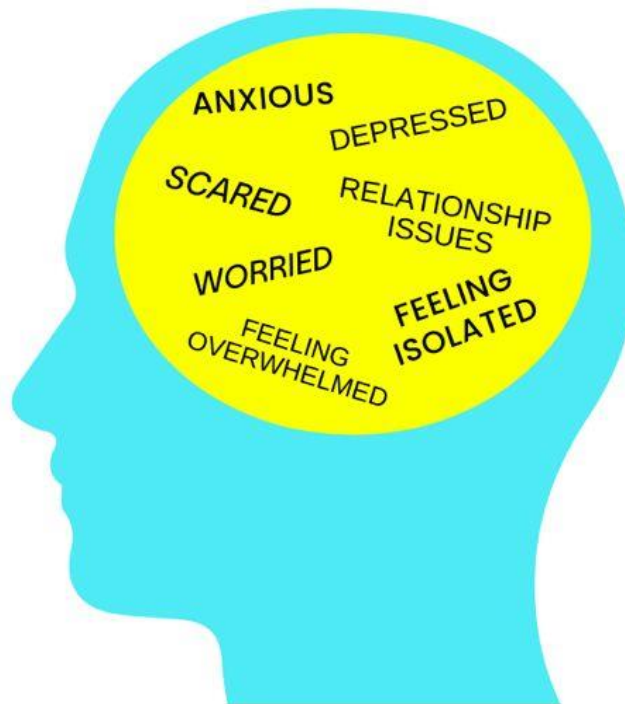


# Directions For Men



**SUPPORT GROUPS FOR MEN**

**MEN STRUGGLE TOO.  
WE KNOW BECAUSE WE HAVE BEEN THERE.**



**FREE AND CONFIDENTIAL.  
JUST TURN UP.**

**WHEN? EVERY FRIDAY, 6PM TO 8PM**

**WHERE? FRONT FOR SOMETHING CAFE  
25 BARLOW MOOR ROAD DIDSBURY,  
MANCHESTER, M20 6TN**

**SCAN ME!**



hello@directionsformen.org.uk | 07894971434

 DirectionsForMen |  Directions4Men |  Directions4men



**BMS WELLBEING**  
*Understanding You*

